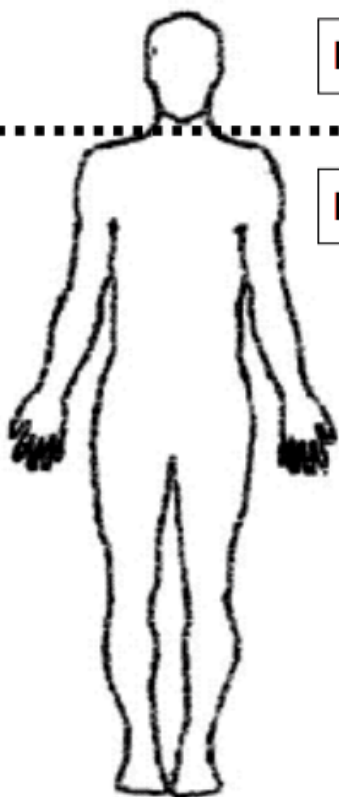


ECZEMA ACTION PLAN

** A moisturizer is extremely important.
We recommend applying the moisturizer
at least twice per day for any patient
with eczema.*



FACE

BODY

AM

PM

AM

PM

CLEAR

MILD-MOD

SEVERE

Moisturizer*

Moisturizer*

Moisturizer*

Moisturizer*

Moisturizer*

Moisturizer*

Moisturizer*

Moisturizer*

Moisturizer*

*Call your doctor if not
improving after 2
weeks*

Moisturizer*

Moisturizer*

Moisturizer*

*Call your doctor if not
improving after 2
weeks*

Always check with your doctor before starting or changing medications or with any questions or concerns